







March 2018

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Practice Your Escape

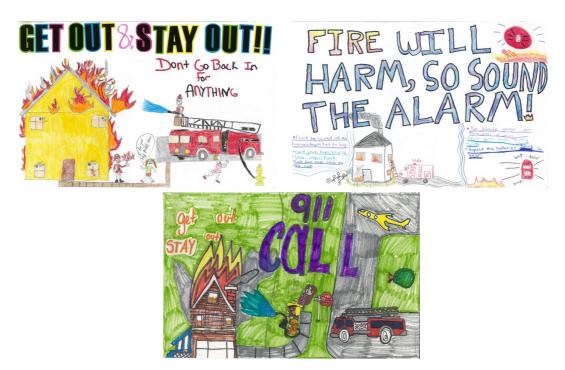
1-Minute Resolutions

Safe Winter Lighting

Be Safe With Space Heaters

Poster Contest Winners Teach Fire Survial Skills

The winners of this year's Prevention 1st Fire Safety Poster Contest got the word out about important steps to take when the smoke alarm sounds: Get out right away, don't go back inside for anything, and call 9-1-1 after you're outside.



First-place winners:

- K-2nd Grade: Abby Flagg, in Mrs. Erikson's 2nd grade class at Honeoye Falls Manor School
- 3rd-4th Grade: Finley Neenan, Emilia Bennett, Jenna Lawrence, and Sarah Smith, 4th graders in the classrooms of Mrs. Roberts, Miss Balseca and Mrs. George at Honeoye Falls Manor School, teamed up to produce their winning poster
- 5th-6th Grade: Cailee Pickett, in the 5th grade and taught by Mrs. Lombardo, Mrs. Boccardoat and art teacher Amy Graham at Abelard Reynolds School No. 42.

Honorable mentions went to 3 students at Abelard Reynolds School #42--Julianna Perez in Mrs. Bell's 6th grade class, William Cody in Mr. Bissell's 5th grade class, and Darius Balkum in Mrs. Taylor's 4th grade class--and to Meaghan O'Brien in Mrs. Fleming's 2nd grade class at Honeoye Falls Manor School.









In addition, two poster artists won a random drawing for a ride to school on a fire truck: **Alli Falzoi** in Mr. Wilson's 3rd grade class at Honeoye Falls Manor School, and **Mayeli Rivera** in Mrs. Vanegas' 3rd grade class at Pinnacle School No. 35.

The winners and honorable mentions will be on display at the Children's Center in the Central Library of Rochester and Monroe County, at 115 South Avenue. Additional exhibits will be at: Monroe County Office Building; Rochester City Hall; Canandaigua National Bank; Marketplace Mall; The Mall at Greece Ridge; Greater Rochester International Airport; Rochester Museum and Science Center

Our thanks to this year's poster judges: State Senator Joe Robach, Rochester City Schools Commissioner Beatriz Lebron, Rochester Fire Marshal Christine Schryver, Monroe County Fire Coordinator Steve Schalabba and the Memorial Art Gallery's Sidney Greaves.

Practice Your Escape: You have less time than you think

One-third of American households who made an estimate **thought they would have at least 6 minutes** before a fire in their home would become life-threatening. Worse yet, only 8% responding to the survey said their **first thought on hearing a smoke alarm** would be to **get out now**. Today you might have **only 2 or 3 minutes to get out** before escape becomes impossible. Don't waste precious time wondering *why* the alarm is going off or looking for smoke or flames. Make sure everyone in your home knows to **get moving right away**, get out and <u>stay out</u>. Decide <u>where you will meet outside</u>. Who will make sure <u>children</u> get out? How will people with temporary or permanent <u>disabilities</u> get out? Be sure to share your plan with babysitters and frequent visitors, and keep your floors, hallways and stairs <u>clear of clutter</u>. Getting out of your bedroom when it's dark, and you've just been jolted awake by the alarm, can be very different than in the daytime. Practice these tips for <u>escaping from your bedroom</u>.



Why do most New Year Resolutions not make it to February? They're too hard and they take too long! Here are <u>9</u> simple moves that will prevent injuries, and each takes *less than a minute*



Safe Winter Lighting

To light up the darkest months with a warm glow, we turn to candles and electric lights. Learn how to use them safely.



Be Safe With Space Heaters

As the weather turns colder, many families turn to alternative heating.

Space heaters are affordable and easy to use, but like any heating equipment they need to be used properly

To stay both warm and safe, use these simple tips for space heaters.



Company's Coming: Preventing Injuries When You Have Visitors

With so many more people of all ages in your home than usual, <u>check now for hazards you haven't noticed all year</u>.

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